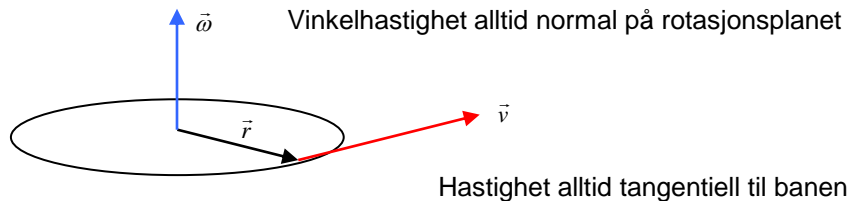


Vinkelhastighet og vinkelakselerasjon som vektor

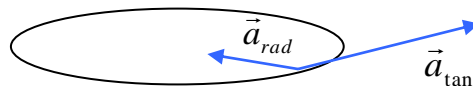
Hastighet

$$\vec{v} = \vec{\omega} \times \vec{r}$$

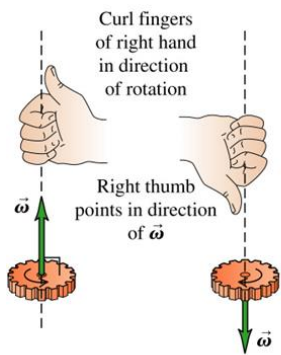
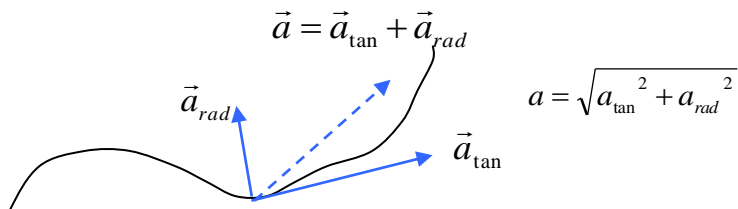


Akselerasjon

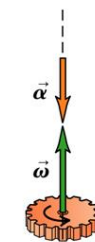
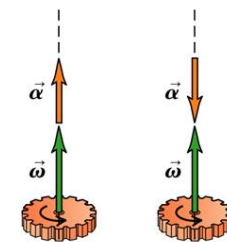
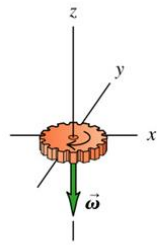
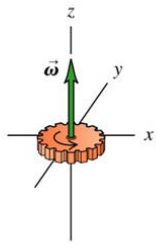
$$\begin{aligned} \vec{a} &= \dot{\vec{v}} \\ &= \dot{\vec{\omega}} \times \vec{r} + \vec{\omega} \times \dot{\vec{r}} \\ &= \vec{\alpha} \times \vec{r} + \vec{\omega} \times \vec{v} \\ &= \vec{\alpha} \times \vec{r} + \vec{\omega} \times \vec{v} \\ &= \underbrace{\vec{\alpha} \times \vec{r}}_{\text{tan gensiell akselerasjon}} + \underbrace{\vec{\omega} \times \vec{\omega} \times \vec{r}}_{\text{radiell akselerasjon}} \\ &= \vec{a}_{\text{tan}} + \vec{a}_{\text{rad}} \end{aligned}$$



Tangentiell-akselerasjon alltid tangentiell til banen.  
Radiell-akselerasjon alltid rettet inn mot sentrum.



(a)



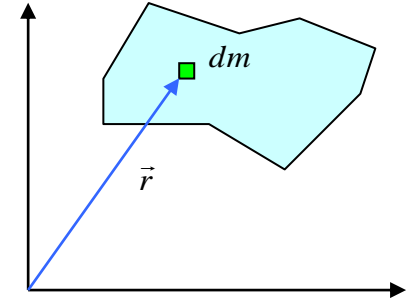
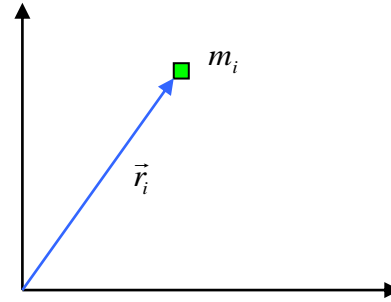
Speeding up Slowing up

# Kap 09 Rotasjon

Treghetsmoment

$$I = \sum_i m_i r_i^2$$

$$I = \int r^2 dm$$

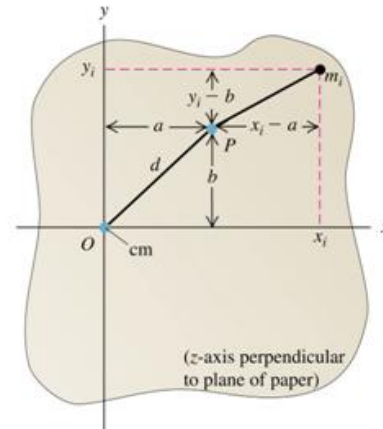


Kinetisk rotasjonsenergi

$$K = \frac{1}{2} I \omega^2$$

Parallela kse - teorem

$$I_p = I_{cm} + M d^2$$



Benevning

$$I \leftrightarrow \text{kgm}^2$$

$$K \leftrightarrow J$$

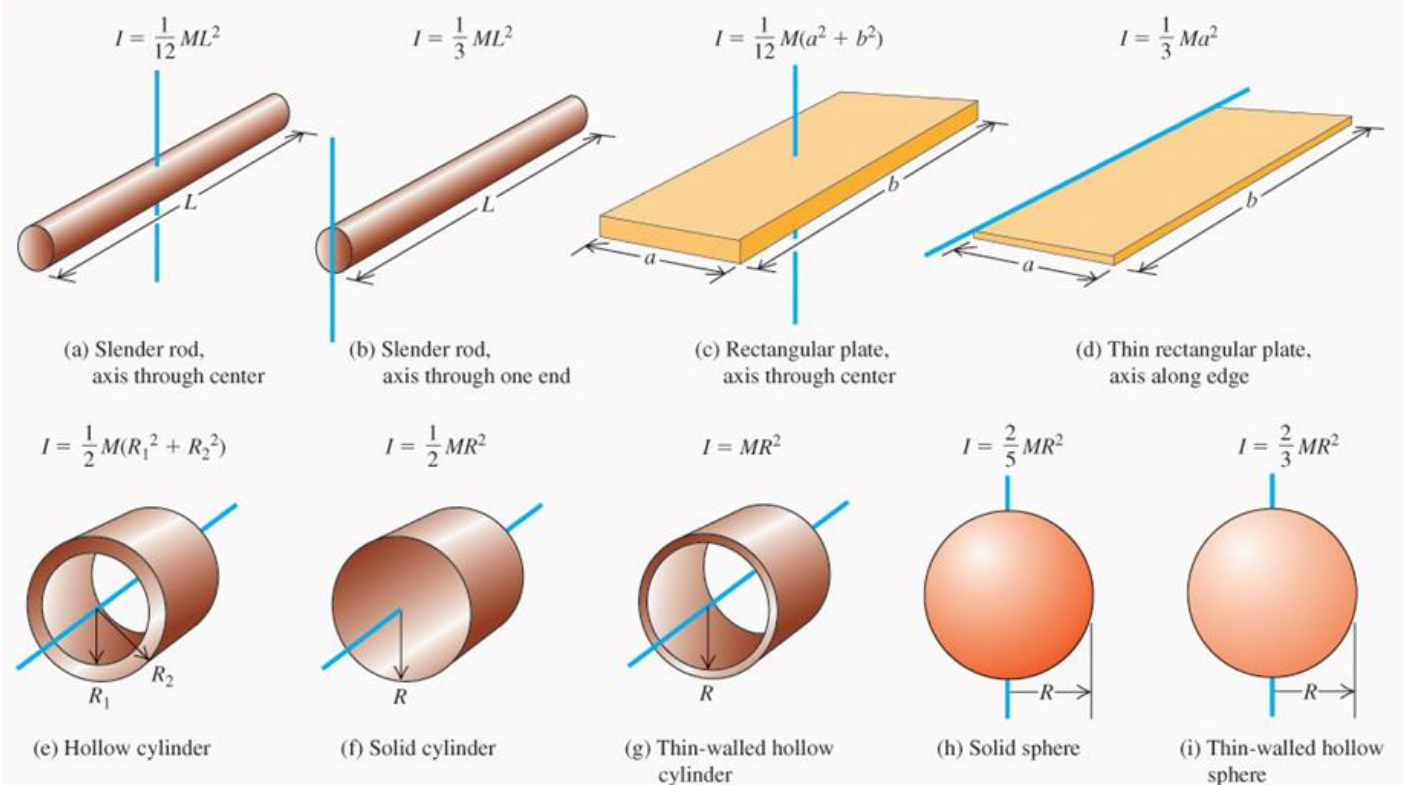
Normalakse - teorem

$$I_o = I_x + I_y$$

Treghets-moment for noen spesielle legemer med akse gjennom sentrum

Stav med masse M og lengde L	$I = \frac{1}{12} ML^2$
Rektangulær plate med masse M og sider a og b	$I = \frac{1}{12} M(a^2 + b^2)$
Hul sylinder med masse M, indre radius $R_1$ , ytre radius $R_2$	$I = \frac{1}{2} M(R_1^2 + R_2^2)$
Massiv sylinder med masse M og radius R	$I = \frac{1}{2} MR^2$
Massiv kule med masse M og radius R	$I = \frac{2}{5} MR^2$
Tynnvegget kule med masse M og radius R	$I = \frac{2}{3} MR^2$

**Table 9.2** Moments of Inertia of Various Bodies



## Kap 10 Rotasjonsdynamikk

### Kraftmoment / Angulært moment

Kraftmoment  $\vec{\tau} = \vec{r} \times \vec{F}$

$$\tau_{cm} = I_{cm} \alpha$$

$$\tau_o = I_o \alpha \quad \text{når} \quad \begin{cases} 1. \vec{a}_o = \vec{0} \\ 2. \vec{a}_o \parallel \vec{r}_{cm} \\ 3. \vec{r}_{cm} = \vec{0} \end{cases}$$

Kinetisk energi

$$K = K_{trans} + K_{rot} = \frac{1}{2} m v_{cm}^2 + \frac{1}{2} I_{cm} \omega^2$$

$$K = \frac{1}{2} I_o \omega^2 \quad \text{når} \quad \vec{v}_o = \vec{0}$$

Arbeid / Effekt

$$W = \int_{\theta_1}^{\theta_2} \tau d\theta = \int_{\omega_1}^{\omega_2} I \omega d\omega = \frac{1}{2} I \omega_2^2 - \frac{1}{2} I \omega_1^2$$

$$P = \frac{dW}{dt} = \tau \frac{d\theta}{dt} = \tau \omega$$

Angulært moment

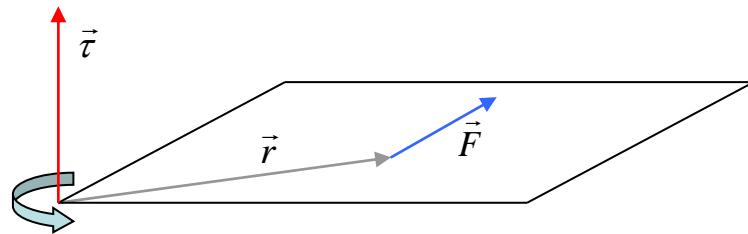
$$\vec{L} = \vec{r} \times \vec{p} = \vec{r} \times m\vec{v}$$

$$\vec{L} = I\vec{\omega}$$

$$\dot{\vec{L}}_o = \vec{\tau}_o \quad \text{når} \quad \begin{cases} 1. \vec{v}_o = \vec{0} \\ 2. \vec{v}_{cm} = \vec{0} \\ 3. \vec{v}_o \parallel \vec{v}_{cm} \end{cases}$$

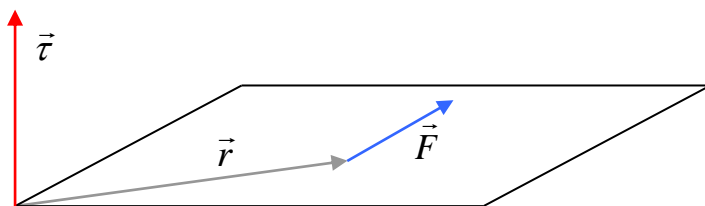
Gyroskop

$$\Omega = \frac{d\varphi}{dt} = \frac{\frac{dL}{dt}}{L} = \frac{\tau}{L} = \frac{\tau}{I\omega} = \frac{wR}{I\omega}$$

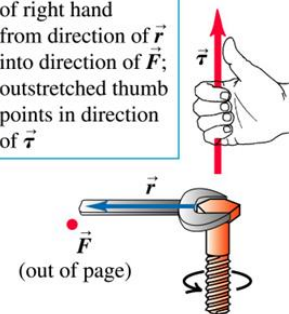


Kraftmoment

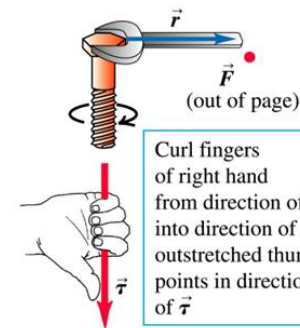
$$\vec{\tau} = \vec{r} \times \vec{F}$$



Curl fingers of right hand from direction of  $\vec{r}$  into direction of  $\vec{F}$ ; outstretched thumb points in direction of  $\vec{\tau}$



Curl fingers of right hand from direction of  $\vec{r}$  into direction of  $\vec{F}$ ; outstretched thumb points in direction of  $\vec{\tau}$

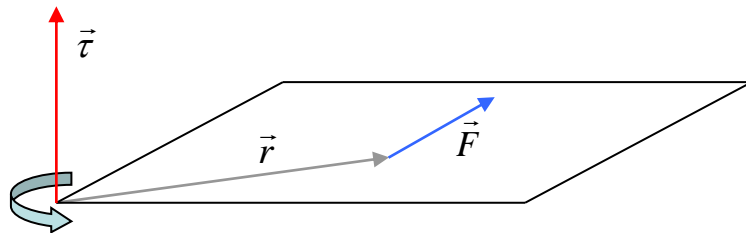


# Kap 10 Rotasjonsdynamikk

## Sammenheng mellom kraftmoment og vinkel-akselerasjon

$$\tau_{cm} = I_{cm} \alpha$$

$$\tau_o = I_o \alpha \quad \text{når} \quad \begin{cases} 1. \vec{a}_o = \vec{0} \\ 2. \vec{a}_o \parallel \vec{r}_{cm} \\ 3. \vec{r}_{cm} = \vec{0} \end{cases}$$



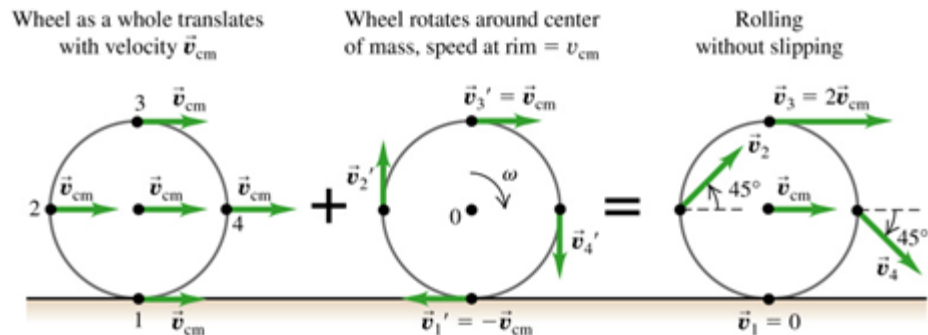
1	2	2	3

# Kap 10 Rotasjonsdynamikk

Kinetisk energi

$$K = K_{trans} + K_{rot} = \frac{1}{2}mv_{cm}^2 + \frac{1}{2}I_{cm}\omega^2$$

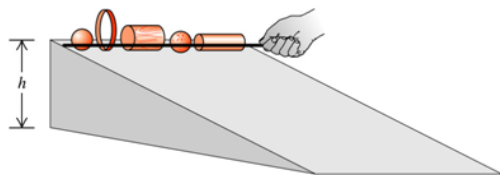
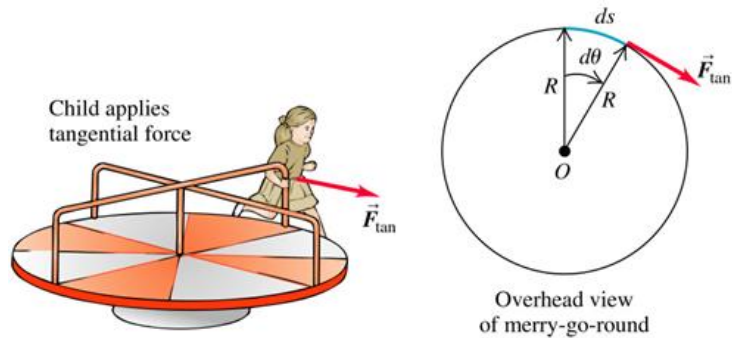
$$K = \frac{1}{2}I_o\omega^2 \quad \text{når } v_o = \vec{0}$$



Arbeid / Effekt

$$W = \int_{\theta_1}^{\theta_2} \tau d\theta = \int_{\omega_1}^{\omega_2} I\omega d\omega = \frac{1}{2}I\omega_2^2 - \frac{1}{2}I\omega_1^2$$

$$P = \frac{dW}{dt} = \tau \frac{d\theta}{dt} = \tau\omega$$



$$0 + M \cdot g \cdot h = \frac{1}{2} \cdot M \cdot v_{cm}^2 + \frac{1}{2} \cdot (c \cdot M \cdot R^2) \cdot \left(\frac{v_{cm}}{R}\right)^2$$

$$M \cdot g \cdot h = \frac{M \cdot v_{cm}^2 \cdot (c + 1)}{2}$$

$$v_{cm} = \sqrt{\frac{2 \cdot g \cdot h}{c + 1}}$$

## Kap 10 Rotasjonsdynamikk

Angulært moment

$$\vec{L} = \vec{r} \times \vec{p} = \vec{r} \times m\vec{v}$$

$$\vec{L} = I\vec{\omega}$$

$$\dot{\vec{L}}_o = \vec{\tau}_o \quad \text{når} \quad \begin{cases} 1. \vec{v}_o = \vec{0} \\ 2. \vec{v}_{cm} = \vec{0} \\ 3. \vec{v}_o \parallel \vec{v}_{cm} \end{cases}$$

